



reiki to the rescue®

## *Rescue Animal mp3 Project*

SARA Member Dr. Pamela Fisher

SARA member, Dr. Pamela Fisher, is the Director/Founder of The Rescue Animal MP3 Project, which donates calming music FREE-OF-CHARGE to government and non-profit animal shelters. In a little over a year, the project has successfully installed calming music on preloaded Mp3 players in more than 500 shelters in 50 states, benefiting over 56,000 animals since December 2011!



Mp3 players are filled with 30 hours of pre-recorded music that is specifically formulated to provide a calmer environment. Animals are better able to cope with the stress of shelter environments, and in turn, this improves their quality of life and increases their chance of acquiring forever homes. Evaluation comments from dog wardens and humane society directors proclaim less anxious/boredom behaviors, separation anxiety, storm phobias, aggression and squabbles, along with improved consistent appetites, and quicker recovery from illness. The follow ups show an average of 56% improvement with the shelter animals being calmer, quieter and less stressed!

Check out this video with comments and observations about the Rescue Animal Mp3 Project from Dog Wardens and Humane Society Directors:



[Mp3 Project Comments from Shelters](#)

There is more work to be done. The organization's goal is to reach out to the over 5,000 ASPCA independent shelters, and nearly 3,000 government-run facilities where the quality of life for the animals (and workers) can be improved dramatically, with very little effort. Visit [www.RescueAnimalMp3.org](http://www.RescueAnimalMp3.org) for more information and to view additional videos demonstrating the amazing calming effects in a shelter.

Kudos to Dr. Fisher for helping so many animals in shelters across the US!